

Insurance Information

If your therapy sessions are being covered by private health insurance, it is important to have authorisation in place before your first session.

Recognised Insurance Providers

Tinsley House Therapies is recognised by major providers including:

- AXA
- Aviva
- Bupa
- Vitality

Booking Information

Before your first appointment, please provide the following information:

- Name of your insurance provider
- Membership or policy number
- Authorisation code/reference
- Number of sessions approved (if applicable)

Make sure you have obtained authorisation from your insurer prior to booking any sessions. You can send your details securely to tinsleyhousetherapies@gmail.com